

PK STEAM ACADEMY

DISTANCE LEARNING DAYS 30-39

Greetings STEAM PK Academy Families,
































We want to THANK YOU for your continued dedication to helping your child learn and grow at home. Establishing predictability for your preschooler by setting and following daily routines will help your child know what to expect and provide him/her with a sense of security. We have added the use of the MSTEAMS platform to provide you with daily learning opportunities beyond these packets. Your child's teacher will help guide you in accessing these activities! The work provided is not intended to add more pressure to these already trying times so please reach out with any questions or concerns. We are here to help.

Room 13 Erica Feenstra	efeenstra@enfieldschools.org
Room 14 Jennifer Penquite	japenquite@enfieldschools.org
Room 15 Shannon Steere	ssteere@enfieldschools.org
Room 18 Marissa Parker-DePace	mparkerdepace@enfieldschools.org
CREC Instructional Coach	jmcnamara@crec.org
Jaclyn Valley, Director	jvalley@enfieldschools.org
Kathy Piccuiro, Site Supervisor	kpiccuiro@enfieldschools.org
Jennifer Maier, Health Manager	jmaier@enfieldschools.org
Amy Witbro, Partnership Coordinator	awitbro@enfieldschools.org

Throughout this packet, you will see notes **highlighted** to indicate a connection to your classroom TEAMS page!

Linear Calendar: A linear calendar provides a more concrete, visual representation of time than the matrix calendar. Each PK classroom uses a linear calendar. We represent weekend or “home” days as a house and school days as a backpack. When school is not in session due to a holiday, snow day, or in this case emergency closure, a red “no” symbol is placed over the backpack. You can cut and tape/glue the template calendar below to make a linear calendar for home or duplicate it using this structure as a guide using whatever materials you have available. This calendar will be familiar to your child. In the event the school closure extends past May 20, simply add a red “no” symbol to the remaining days.

May

									
1	2	3	4	5	6	7	8	9	10
									
11	12	13	14	15	16	17	18	19	20
									
21	22	23	24	25	26	27	28	29	30
				Memorial Day					
									
31									

Daily Schedule	About How Long?	Description
Breakfast	20 Minutes	At school the students eat breakfast and answer the question of the day. Continue to encourage students to be independent in their self-help skills, example: pouring their own cereal/milk, throwing away their trash, wiping up spills
Mindfulness/Belly Breathing	10 minutes	This is the time of the day where we are transitioning to begin our day. We start with some yoga and then belly breathing
Hypothesis Time (aka Morning Meeting)	10 minutes	We review our classroom expectations (listed below), daily schedule, and calendar.
Exploration Time (aka Play Centers)	60 minutes	This is where most of the learning takes place...Its where the students get to play and explore and learn so much
Music & Movement/Read Aloud	15 minutes	Students will sing and dance and then listen to a story.
Outdoor Adventure	30-60 minutes	Within the daily schedule there are suggested activities you can do to add learning to outdoor time.
Lunch	20 minutes	At school students eat lunch and talk about a favorite part of their day as they prepare for dream time. You can do the same at home.
Rest/Dream Time	60 minutes	A perfect opportunity for some down time for the whole family. This is when students sit or lay on their cots and read a book, write in their journals, listen to music, or even close their eyes for a little bit
Snack	15 minutes	Snack time is a very important time for our students. Eating together in a group helps develop table manners, self-help skills, and social skills.
Outdoor Adventure	30-60 minutes	Outdoor play allows students to explore, risk take, and develop fine and gross motor skills. It gives students a chance to exercise, enjoy nature, learn about their world, learn about self and the environment, release pent-up energy, and keep healthy. Outdoor play allows kids to be kids.
Family Time	30-60 minutes	Try to find time in the day to make connections with one another. Be silly, play a game, talk, laugh, dance, read etc.

The following are the classroom expectations that all the students know very well. We say them together every day during hypothesis time. We are confident they could even give you an example of what each expectation means

1. Be Kind
2. Be Respectful
3. Be Responsible
4. Be Safe

The next set of classroom expectations come from our Second Step Program. These are the expectations that we use to gain students attention and help them stay focused when it is the adults turn to talk and share.

- Eyes are watching
- Ears are listening
- Bodies are calm
- Voices quiet

A video of the song can be found here: <https://www.youtube.com/watch?v=ZyxASIYHk30>

Day 30

Breakfast	Have your child help set the table for the number of people eating. Count out the bowls, spoons, etc. https://youtu.be/ziSR3ZLeDR4
Mindfulness/Belly Breathing-	Super Yoga Cosmic Kids https://youtu.be/.8k3YeCAWesY Go Noodle- Bring it Down-Balloon Breathing https://youtu.be/bRklLioTNa <i>* Recommendation: First Super Yoga then Belly Breathe</i>
Hypothesis Time	Review the daily expectations, schedule and calendar. When counting the numbers on the calendar have your child clap and count with you. When you get to the day, have your child cross the day off with an X.
Exploration Time	<p>Block/Construction Play: Use dice or draw numbers from a hat to create a building challenge. Whatever number that you get, is the number of blocks or items you must build with. Repeat this with various numbers and compare which structure was the tallest/shortest, which structure was the most or least sturdy, etc.</p> <p>Dramatic Play: Plan a “trip” – think about where you would go (look at images on google maps or watch videos), think about what you might do there, what you would need and how you would get there. Pretend to go on the trip together! You can pretend the couch is an airplane, a train or a car. Create boarding tickets, “pack” a suitcase, and create well known landmarks (Like the Eiffel Tower out of cereal boxes).</p> <p>Art: Shadow art – take your favorite toy (like a toy dinosaur), a piece of paper, and something to write with. Position your toy on a flat surface so it casts a shadow on your paper. Trace the shadow! Can you move the toy to make the shadow look different? If you leave the toy in the same spot and come back in an hour does the shadow look the same?</p> <p>Fine Motor: If available, use a Q-tip or something small and narrow to paint with. Can you make dots with the Q-tip? Lines? Try creating shapes or letters with a combination of lines and dots.</p> <p>Math: Using shapes to create – cut out shapes from paper, cardboard or whatever materials you have available in the house. With these shapes, what kinds of dinosaurs can you create? Try making plants or other animals as well! While your child is creating, talk about what shapes they are using and if they combine two shapes does it look like a new one?</p>
Music & Movement/ Read Aloud	<p>Sing “Dino-pokey” to the tune “Hockey Pokey”</p> <ul style="list-style-type: none"> • Put your claws in.... scratch them all about • Put your teeth in chomp them all about • Put your feet in.... stomp them all about. Put your tails in.... wag them all about.” <p>Read Aloud: <i>Bones, Bones, Dinosaur Bones</i> in your classroom TEAMS read aloud channel:</p> <ul style="list-style-type: none"> • What is another name for dinosaur bones? (fossils) • Where can you see dinosaur fossils? (museums) • Who works at dig sites to find dinosaur bones? (paleontologists) <p><i>* Recommendation: First Music & Movement, and then Read Aloud</i></p>
Outdoor Adventure	Move Your Body: Can you create dinosaur tracks outside using rocks, sticks or even your own footprints?
Lunch	Invite your child to prepare a meal or snack with you. As you work together, talk about what happens as you mix and stir ingredients.
Rest/Dream Time	At school while the students are reading, writing in their journals, or resting their eyes we play mindful music in the background. https://youtu.be/1ZYbU82GVz4

Snack	Pretend you are going to plan a meal for someone such as a friend or imaginary character. What would you serve? What foods do you they like? Where would you have the meal?
Outdoor Adventure	Go through a kitchen drawer and collect slotted spoons, fly swatters, spatulas, and anything else that has holes to make bubbles. Make your own bubble solution if you don't have bubbles and then head out to see which utensil creates the best bubbles! Some homemade bubble solutions are a mix of soap, water and corn syrup but you can also use just soap and water.
Family Time	Then and Now: Look at pictures from when your child was younger and talk about all the ways they have grown and changed. Do this with pictures from the whole family! If you don't have pictures talk about the ways that your child has changed from when they were a baby. Using art materials or materials available such as a drawing app, blocks, or toys to create a picture of what you looked like as a baby and what you look like now.


Day 31

Breakfast	Have your child help set the table for the number of people eating. Count out the bowls, spoons, etc. https://youtu.be/ziSR3ZLeDR4
Mindfulness/Belly Breathing-	<ul style="list-style-type: none"> • Super Yoga Cosmic Kids: Spider Power https://www.youtube.com/watch?v=fnO-IGEMOXk • Go Noodle- Flow https://youtu.be/bRkILioT_NA <p><i>* Recommendation: First Super Yoga then Belly Breathe</i></p>
Hypothesis Time	Review the daily expectations, schedule and calendar. When counting the numbers on the calendar have your child clap and count with you. When you get to the day, have your child cross the day off with an X.
Exploration Time	<p>Art: Draw and create either a caterpillar, butterfly or both.</p> <p>Writing: Practice writing your name – write the letters or trace them.</p> <p>Fine Motor: Pouring from one container to another – small jugs work well for this as your child gets better at this you will notice the way that they grip the handle of the jug changes</p> <p>Math: Find objects to trace. Create your own insect. The bottom of a cup can be traced for the body. Have fun adding details (legs, eyes, mouth and count how many you have of each)</p> <p>Sensory: Finger Paint (for mess free put paint into Ziplock bags and seal with tape)</p> <p>Discovery: Play a board game, a puzzle, a card game, dominos, or make up a game</p> <p>Literacy: When setting the table for mealtimes, see how many directions your child can follow for example “put the big spoon next to the little bowl”</p> <ul style="list-style-type: none"> • Starfall- https://www.starfall.com/
Music & Movement/ Read Aloud	<p>Music & Movement- Go Noodle Fabio's Meatball Run https://www.youtube.com/watch?v=JU0ETGd5dgk&list=PLAwOTEJXH-cOL_WFPF4FcjqBM-6oBwET&index=22&t=0s</p> <p>Read Aloud: <i>The Grouchy Ladybug</i> in your classroom TEAMS read aloud channel:</p> <ul style="list-style-type: none"> ○ What is the story about? ○ What happened when the two ladybugs landed on the same leaf? Why? ○ Why did the grouchy ladybug fly away? ○ If you were the grouchy ladybug, what would have you done? <p><i>* Recommendation: First Music & Movement, and then Read Aloud</i></p>
Outdoor Adventure	Throw or roll a ball, practice skipping, draw with chalk, ride a bike, play fishy, fishy cross my ocean, go for a scavenger hunt, play I spy something....
Lunch	Talk about whether you included a fruit or vegetable and what your favorite fruit or vegetable is. Notice who likes the same or different.
Rest/Dream Time	At school while the students are reading, writing in their journals, or resting their eyes we play mindful music in the background. (Piano cover songs 2020). https://www.youtube.com/watch?v=9tpW-1kNyzc
Snack	While eating, talk about what you are having and what letter the food begins with.
Outdoor Adventure	Use water and paint brushes to “write” letters, numbers and shapes on the driveway.

Family Time

Have a jumping jack and hopping challenge!

Day 32

<p>Breakfast</p>	<p>Have your child help set the table for the number of people eating. Count out the bowls, spoons, etc. https://youtu.be/ziSR3ZLeDR4</p>
<p>Mindfulness/Belly Breathing-</p>	<ul style="list-style-type: none"> • Super Yoga Cosmic Kids: Dinosaur Disco https://www.youtube.com/watch?v=isAbhjIYamA • Hot Soup Breathing Technique from the book Breathe like a Bear <p><i>* Recommendation: First Super Yoga then Belly Breathe</i></p> 
<p>Hypothesis Time</p>	<p>Review the daily expectations, schedule and calendar. When counting the numbers on the calendar have your child clap and count with you. When you get to the day, have your child cross the day off with an X.</p>
<p>Exploration Time</p>	<p>Art: Dinosaur footprints- trace or paint your hands to make different types of footprints. You can also find different objects in your house (egg cartons, plastic bottles, boxes, etc.) and trace them with a writing utensil to make unique dinosaur prints</p> <p>Writing: Encourage your child to use their own writing to make up their own story about a dinosaur. Share your story!</p> <p>Fine Motor: Use different size pieces of paper and tear them into smaller sizes. Try tearing different types of paper (newspaper, tissue paper, wrapping paper, construction paper).</p> <p>Math: Sort your toy dinosaurs by their characteristics (spikes, color, can they fly, etc.) If you don't have dinosaurs, use today's read aloud and count how many dinosaurs you see in the book!</p> <p>Sensory: Make dinosaur dough. 1 cup of hair conditioner, 2.5 cups of corn starch, and a few drops of food coloring. Mix the conditioner and corn starch in a bowl, then once mixed add any color food coloring</p> <p>Discovery: Go on a scavenger hunt around your yard and see if you can find any animal footprints. Try and guess what animal the footprints belong to.</p> <p>Literacy: Pick out a book of your choice and read the book together!</p> <ul style="list-style-type: none"> • Starfall- https://www.starfall.com/
<p>Music & Movement/ Read Aloud</p>	<ul style="list-style-type: none"> • Music & Movement- Koo Koo Kanga Roo Dinosaur Stomp https://www.youtube.com/watch?v=Imhi98dHa5w <p>Read Aloud: <i>If the Dinosaurs Came Back</i> in your classrooms TEAMS read aloud channel:</p> <ul style="list-style-type: none"> • What do you notice on the cover of our book? • What's your favorite kind of dinosaur? • Would you let a dinosaur put out a fire? • Would you have a dinosaur as a pet? • If the dinosaurs were to come back, what is one thing you would do with your dinosaur and why? <p><i>* Recommendation: First Music & Movement, and then Read Aloud</i></p>
<p>Outdoor Adventure</p>	<p>Play I-spy while taking a walk, ride a bike or tricycle, set up an obstacle course, chalk, hopscotch</p>
<p>Lunch</p>	<p>Talk about what dinosaurs eat. Compare and contrast the things you eat versus what a dinosaur eats!</p>

Rest/Dream Time	At school while the students are reading, writing in their journals, or resting their eyes we play mindful music in the background. Under the sea https://www.youtube.com/watch?v=LdQJw5S4nAQ
Snack	If dinosaurs were to come back, talk about where they would live and what they would do.
Outdoor Adventure	Go for a walk as a family, ride a bike or scooter, draw with chalk, play frisbee
Family Time	Make up a dance using a variety of moves. You can pretend to be a dinosaur while making up your dance. If you can record your dance.



Day 33

Breakfast	Have your child help set the table for the number of people eating. Count out the bowls, spoons, etc. https://youtu.be/ziSR3ZLeDR4
Mindfulness/Belly Breathing-	<ul style="list-style-type: none"> • Super Yoga Cosmic Kids https://youtu.be/.8k3YeCAWesY • Go Noodle- Bring it Down-Balloon Breathing https://youtu.be/bRkLIoTNa <p><i>* Recommendation: First Super Yoga then Belly Breathe</i></p>
Hypothesis Time	Read together the classroom expectations, daily schedule and calendar. When counting the numbers on the calendar have your child clap and count with you and when you get to the day, have your child cross the day off with an X.
Exploration Time	<p>PLTW Activity Day</p> <p>1. Use the flashcard to introduce the vocabulary term <u>senses</u>.</p> <div data-bbox="711 898 1218 1407" data-label="Image"> </div> <p>What do you think our five senses are? Do you think animals have the same five senses?</p> <div data-bbox="706 1543 1242 1827" data-label="Image"> </div> <p>2. Read the book <u>My Five Senses</u> and use the discussion points in the read aloud section.</p>

	<ol style="list-style-type: none"> 3. Explore the sense of sight by finding images of living things in old magazines or grocery ads. <ol style="list-style-type: none"> a. Cut these pictures out and make a collage of living things while discussing how you know they are living. 4. Explore the sense of touch by touching mystery objects while wearing a blindfold. Have your child describe what the object feels like and guess what it is. <ol style="list-style-type: none"> a. Draw items that are soft, bumpy, smooth, or rough. 5. Click to explore hearing in this interactive presentation 6. Explore taste and smell while cooking, eating and drinking <ol style="list-style-type: none"> a. What words would you use to describe the food and drinks
Music & Movement/ Read Aloud	<p>Music & Movement- Emotions Dance https://www.youtube.com/watch?v=ZwcFltsOfz4</p> <p>Read Aloud –My Five Senses in your classroom TEAMS read aloud channel:</p> <ul style="list-style-type: none"> • After reading the story discuss what the five senses are and how they are used: <ul style="list-style-type: none"> ○ Humans can sense hot objects to prevent them from injury. ○ Dogs have a great sense of smell that helps them find their way. ○ Squirrels can hear predators coming and hide in the trees. ○ Eagles can see prey from very far away. ○ Plants can sense sunlight and direct their leaves toward the sun. <p><i>* Recommendation: First Music & Movement, and then Read Aloud</i></p>
Outdoor Adventure	If possible, use binoculars and magnifying lenses to examine living things outside around your home. Take photos of the plants and animals. When you get inside talk about the pictures that you took and draw your favorite animal or plant that you found.
Lunch	<p>Some possible lunch discussion ideas:</p> <ul style="list-style-type: none"> • What would happen if you did not have one of your senses? • How would that affect you? • How do animals use their senses to survive?
Rest/Dream Time	At school while the students are reading, writing in their journals, or resting their eyes we play mindful music in the background. https://www.youtube.com/watch?v=uNsrXzY3Mgc
Snack	<p>If you want, you can use this time to talk about possible misconceptions from today’s PLTW activity:</p> <ul style="list-style-type: none"> • Plants do not have senses. <i>Plants do have senses but use them differently than humans and animals do. For example, some plants can sense an insect on their leaves and retract them to defend themselves. Plants can also sense the sun and grow toward it to survive.</i> • Insects are not animals. <i>Insects are invertebrates. Invertebrates account for 97% of all animal species.</i> • People are not animals. <i>Humans are mammals, and mammals are one of the six classes of animals.</i>
Outdoor Adventure	If you have outdoor chalk, use chalk to draw your favorite dinosaur or stomp like a dinosaur outside or make up your own dinosaur movements
Family Time	Go on a virtual tour of a zoo or aquarium or choose an animal or plant and research where it lives, what it eats, and how it might use its’ senses. This will deepen your child’s understanding of what living things need to grow and survive.

Day 34

Breakfast	Have your child help set the table for the number of people eating. Count out the bowls, spoons, etc. https://youtu.be/ziSR3ZLeDR4
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Mindfulness/Belly Breathing-	<ul style="list-style-type: none"> • Super Yoga Cosmic Kids https://youtu.be/.8k3YeCAWesY • Go Noodle- Bring it Down-Balloon Breathing https://youtu.be/bRkILioTNa <p><i>* Recommendation: First Super Yoga then Belly Breathe</i></p>
Hypothesis Time	Review the daily expectations, schedule and calendar. When counting the numbers on the calendar have your child clap and count with you. When you get to the day, have your child cross the day off with an X.
Exploration Time 	<p>Art: Look at a realistic picture of a stegosaurus and notice the different features such as the plates on its back. Create a stegosaurus out of a paper plate or use other materials on hand, cut up pieces of paper or use an egg carton to create the plates on their back.</p> <p>Fine Motor/ Writing: Tape a piece of paper under a table and have your child practice writing their name or drawing shapes while lying on the floor and holding a writing utensil up.</p> <p>Math: Sing <i>5 Little Dinosaurs</i> and have your child count on his/her fingers. 1 little, 2 little 5 little dinosaurs roaring! 1 roaring, 2 roaring 4 roaring dinosaurs...now they are stomping! 1 stomping, 2 stomping 3 stomping dinosaurs...now they are swaying! 1 swaying, 2 swaying...dinosaurs waving! 1 waving dinosaur saying thanks for playing and singing now we are done! Feel free to start at a higher number and add different kinds of movements.</p> <p>Discovery: Save a plastic water or soda bottle and use it to create sensory bottle! You can fill them with water, beads, glitter, etc.</p>  <p>Literacy:</p> <ul style="list-style-type: none"> • Starfall- https://www.starfall.com/
Music & Movement/ Read Aloud	<p>Music & Movement- Alana Banana Dinosaur Dance https://www.youtube.com/watch?v=r2-B5iFjaoA</p> <p>Read Aloud: <i>Dinosaurs, Dinosaurs</i> in your classroom teams read aloud channel:</p> <ul style="list-style-type: none"> • Vocabulary word: Fierce – strong and powerful Do you have a favorite dinosaur? • How were these dinosaurs the same? How were they different? • Are there any dinosaurs that? <ul style="list-style-type: none"> • Swim? • Fly? <p><i>* Recommendation: First Music & Movement, and then Read Aloud</i></p>
Outdoor Adventure	Clean the cars! Or other plastic toys. Have your child play outside with cars or other plastic toys that can be washed – or have them play outside with the toys in a bucket filled with dirt, sand, etc. and then have a bucket or bowl filled with soap and water! Have them take the cars to the carwash.
Lunch	Ask your child if they could be a dinosaur which one would they be and why? Would they be a dinosaur that swims? Flies? Would they be big or little?
Rest/Dream Time	At school while the students are reading, writing in their journals, or resting their eyes we play mindful music in the background. https://youtu.be/hlWil4xVXKY
Snack	Our favorite foods songs by Simple Songs - https://www.youtube.com/watch?v=i_JQwhPKzdl

Outdoor Adventure	Gather items from outside like blades of grass, leaves, small flowers and pebbles. Using these items can you create a person? An animal? An object like a car or house?
Family Time	Create a blanket fort or a comfy area on the floor out of pillows and blankets and read a favorite story together.

Day 35

Breakfast	Have your child help set the table for the number of people eating. Count out the bowls, spoons, etc. https://youtu.be/ziSR3ZLeDR4
Mindfulness/Belly Breathing-	<ul style="list-style-type: none"> • Super Yoga Cosmic Kids https://youtu.be/.8k3YeCAWesY • Go Noodle- Bring it Down-Balloon Breathing https://youtu.be/bRklLioTNa <p><i>* Recommendation: First Super Yoga then Belly Breathe</i></p>
Hypothesis Time	Review the daily expectations, schedule and calendar. When counting the numbers on the calendar have your child clap and count with you. When you get to the day, have your child cross the day off with an X.
Exploration Time	<p>Block: Use blocks or boxes to create a dinosaur dig inside or outside. Use blocks as the “fossils” or build fossils out of Legos or other building materials.</p> <p>Dramatic Play: Pretend you are a paleontologist and you are going on a dinosaur dig. What tools will you need? (brushes, measuring tape, notebooks, shovel etc.) What can you use to pretend to be tools or what can you create?</p> <p>Art: Draw pictures of the dinosaurs that you have uncovered in your dinosaur dig!</p> <p>Writing: Encourage your child to try to write dinosaur names by copying from a book, the internet, or your own writing. You can also have them trace the letters.</p> <p>Science/Discovery: If you have small plastic toys that can be submerged in water, freeze them in an ice cube tray or freezer safe container. Put the frozen blocks in a tray and have your child excavate the items with water! Another fun way to excavate the toys is by first sprinkling them with baking soda and then vinegar. You can also add food coloring to the water or vinegar!</p> <p>Literacy: Put on a puppet show! Before you put on the show, plan out what the show is going to be about (talk about the beginning, middle and end of the story) or act out a familiar story (like the three little pigs). You can use puppets, stuffed animals, or create your own puppets from materials around the house.</p> <ul style="list-style-type: none"> • Starfall- https://www.starfall.com/
Music & Movement/ Read Aloud	<ul style="list-style-type: none"> • Music and Movement: Exercise, Rhyme and Freeze https://www.youtube.com/watch?v=cSPmGPIyykU <p>Read Aloud: <i>Goldilocks and the Three Dinosaurs</i> in your TEAMS read aloud channel</p> <ul style="list-style-type: none"> ○ Was this the story like Goldilocks and the three bears? ○ What did Goldilocks eat? Was it porridge? ○ What happened at the end of the story? <p><i>* Recommendation: First Music & Movement, and then Read Aloud</i></p>
Outdoor Adventure	Now that flowers are starting to come up, how many different kinds can you find? Take pictures of the different flowers you see and when you go inside see if you can identify any of them!
Lunch	Cookie Monster unboxes a lunchbox! https://www.youtube.com/watch?v=mcTiEDy9NXA
Rest/Dream Time	At school while the students are reading, writing in their journals, or resting their eyes we play mindful music in the background. https://www.youtube.com/watch?v=Wm15rvkifPc


Snack	If it's nice out, can you have a picnic outside, have your child help you pick the foods that would be best for a picnic.
Outdoor Adventure	Have a picnic outside! Have your child help you pack all the materials you need and set up the blanket.
Family Time	Cut out paper hearts with what you love about each person in your family. Leave them under their pillow or hang them in the window.

Day 36

Breakfast	Have your child help set the table for the number of people eating. Count out the bowls, spoons, etc. https://youtu.be/ziSR3ZLeDR4
Mindfulness/Belly Breathing-	Super Yoga Cosmic Kids Pirate Kids https://www.youtube.com/watch?v=Gldw-9blXM Go Noodle- Melting https://youtu.be/fTzXFPh6CPI
Hypothesis Time	Review the daily expectations, schedule and calendar. When counting the numbers on the calendar have your child clap and count with you. When you get to the day, have your child cross the day off with an X.
Exploration Time	<p>Art: Look in the mirror or at a picture and draw what you look like today.</p> <p>Writing: Use your finger as magic wand and go around the house finding letters or shapes that you can trace with your finger.</p> <p>Fine Motor: Putting coins or buttons into a money box (kids like listening to the noise it makes you can use a piggy bank, or cereal box)</p> <p>Math: On separate pieces of paper write the numbers 1 to 5. Then hold up the piece of paper with the number and ask you child to find that many objects. For example, you hold up the number 2. Your child may come back with one spoon and one cup.</p> <p>Sensory: Playing with bubbles in the sink (add hand soap and a hand whisk for extra)</p> <p>Discovery: Build with different materials (Legos, blocks, paper towel rolls) challenge your child to make it taller and sturdy (can it hold a toy on it without falling?)</p> <p>Literacy Find a book and take a picture walk. As you are looking through the pictures, talk about what you see. Predict what will happen in the next picture</p> <p>Starfall- https://www.starfall.com/</p>
Music & Movement/ Read Aloud	<p>Music & Movement: Pizza Man https://www.youtube.com/watch?v=4rm0LYLz1Wg&list=PLAwOTEJXH-cOL_WFPF4FcjqBM-6oBwET&index=13&t=0s</p> <p>Read Aloud: <i>Dinosaurs Galore</i> in your classroom TEAMS read aloud channel:</p> <ul style="list-style-type: none"> • Look at the cover ask your child what they think the book might be about? • What was your favorite dinosaur in the story? • Can you stomp like a dinosaur? • Can you roar like a dinosaur? <p><i>* Recommendation: First Music & Movement, and then Read Aloud</i></p>
Outdoor Adventure	<ul style="list-style-type: none"> • Walk like different animals around the yard. Stomp like a dinosaur, fly like a butterfly, slither like a snake, hop like a frog, walk like a crab. Add your own!!
Lunch	Talk about your favorite part of the day. Count how many different foods are on your plate
Rest/Dream Time	At school while the students are reading, writing in their journals, or resting their eyes we play mindful music in the background. (Piano cover songs 2019) https://www.youtube.com/watch?v=5LR5n6QYRPU
Snack	Talk about what color your snack is. Count how many pieces are in your snack.
Outdoor	Continue your shape scavenger hunt! What kinds of shapes do you see in your outdoor


Adventure	environment? Look at rocks, clouds, and plants for inspiration.
Family Time	Make circles with chalk on the sidewalk or driveway and have a “ring toss game” with small rocks, sticks, or pebbles!

Day 37

Breakfast	Have your child help set the table for the number of people eating. Count out the bowls, spoons, etc. https://youtu.be/ziSR3ZLeDR4
Mindfulness/Belly Breathing-	<ul style="list-style-type: none"> • Super Yoga Cosmic Kids: Betsy the Banana https://www.youtube.com/watch?v=40SZ184Lr7A • Flower Breath- Breathing Technique from the book Breathe like a Bear <p><i>* Recommendation: First Super Yoga then Belly Breathe</i></p> 
Hypothesis Time	Review the daily expectations, schedule and calendar. When counting the numbers on the calendar have your child clap and count with you. When you get to the day, have your child cross the day off with an X.
Exploration Time	<p>Art: Using recycled items (toilet paper tubes, paper towel tubes, cereal boxes, egg cartons, etc.) create a living object. Take a picture of your newly created living object.</p> <p>Writing: Encourage your child to use their own writing to talk about the traits their living object has that they created for art! Give your object a name.</p> <p>Fine Motor: Use your finger or a writing utensil to trace different type of lines (squiggly, curvy, straight, short, long, etc.)</p> <p>Math: Count the number of recycled objects you used to create your living object! Did you use more or less than five objects?</p> <p>Sensory: Make a texture wall or floor. Find different objects of different textures and add them to your wall or floor. Experiment with how the different textures feel.</p> <p>Discovery: Take a walk around your house or outside and collect items that are nonliving and living. Once you have collected your items, sort them into groups by their characteristics. (living, nonliving, different colors)</p> <p>Literacy: Go around your house and find items that start with the letter d</p> <ul style="list-style-type: none"> • Starfall- https://www.starfall.com/
Music & Movement/ Read Aloud	<ul style="list-style-type: none"> • Music & Movement- Koo Koo Kanga Roo- Milkshake https://www.youtube.com/watch?v=dNL6RwymoNg&t=9s <p>Read Aloud: <i>Harry and the Bucketful of Dinosaurs</i> in your classroom TEAMS read aloud channel:</p> <ul style="list-style-type: none"> • Look at his bucket, do you think it is heavy? • Do you think dinosaurs talk? • Do you think he is going to be able to call back all his dinosaurs? • If you could have a pet dinosaur, what kind would you have and why? <p><i>* Recommendation: First Music & Movement, and then Read Aloud</i></p>
Outdoor Adventure	Play I-spy while taking a walk, ride a bike or tricycle, set up an obstacle course, chalk, hopscotch
Lunch	Talk about springtime and the different living things you begin to see and how those living things grow.
Rest/Dream Time	At school while the students are reading, writing in their journals, or resting their eyes we play mindful music in the background. Dolphin Singing. Disney Piano Collection https://www.youtube.com/watch?v=GBexfwe-9j0

Snack	Talk about what your favorite part of the day was and why.
Outdoor Adventure	Go for a walk, blow bubbles, ride a bike or tricycle, create a picture with chalk
Family Time	Collect enough sticks to make a tic tac toe board. Find 2 different objects that can be used for the x's and o's

Day 38

Breakfast	Have your child help set the table for the number of people eating. Count out the bowls, spoons, etc. https://youtu.be/ziSR3ZLeDR4
Mindfulness/Belly Breathing-	<ul style="list-style-type: none"> • Super Yoga Cosmic Kids https://youtu.be/.8k3YeCAWesY • Go Noodle- Bring it Down-Balloon Breathing https://youtu.be/bRklLioTNa <p><i>* Recommendation: start with the super yoga and then belly breathing.</i></p>
Hypothesis Time	Read together the classroom expectations, daily schedule and calendar. When counting the numbers on the calendar have your child clap and count with you and when you get to the day, have your child cross the day off with an X.
Exploration Time	<p>PLTW Activity Day</p> <ol style="list-style-type: none"> 1. Before starting this activity collect some different items. <ol style="list-style-type: none"> a. Recyclables, such as toilet paper/paper towel rolls, milk jugs, cardboard boxes, cans, water bottles b. Natural items, such as pinecones, sticks c. Sticky foods, such as peanut butter or other nut butters, flour and water paste, shortening, honey d. Other items, such as bird seed, sugar-free cereal, stale bread, stale bagels 2. Identify what living things need to survive: Food, Sunlight, Water, Air and a Habitat. Review the flash card. <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  <p>habitat</p> </div> <div style="border: 1px solid gray; padding: 10px; text-align: center;"> <p>A habitat is the natural home of a plant or animal.</p> </div> </div> <ol style="list-style-type: none"> 3. Explain that you will be creating a bird feeder. <ol style="list-style-type: none"> a. Ask - Have you ever seen a bird feeder? b. What's the purpose of a bird feeder? 4. Look at the different types of bird feeders below and then have your child draw their own design for a feeder.
Music & Movement/ Read Aloud	<p>Music & Movement- I love this roller coaster – Go Noodle https://www.youtube.com/watch?v=GSDxhF6GIUU</p> <p>Read Aloud: <i>Grand Old Tree</i> in your classroom TEAMS read aloud channel:</p> <ul style="list-style-type: none"> • What do living things need to survive? • Did you see any habitats in this story? <p><i>* Recommendation: First Music & Movement, and then Read Aloud</i></p>
Outdoor Adventure	<ul style="list-style-type: none"> • Before going outside, look at this website of common birds in Connecticut http://wildlifeofct.com/common%20backyard%20birds.html • How many different birds do you see or hear outside? Can you identify any of them?

Lunch	Lunch Doodles with Mo Willems https://www.youtube.com/watch?v=R1P5nf_I2Uc
Rest/Dream Time	At school while the students are reading, writing in their journals, or resting their eyes we play mindful music in the background. https://www.youtube.com/watch?v=uNsrXzY3Mgc
Snack	Review possible misconceptions from today's PLTW lesson Birds need bird feeders to survive. Other than using bird feeders, birds also eat berries, seeds, fruit, and small insects. A bird feeder is a habitat. A bird feeder is one means to provide food, which a bird needs to survive. A bird feeder is not a habitat because it only provides food for the birds, not shelter or protection.
Outdoor Adventure	Can you create a bird costume from things around your house? Wear it outside and pretend to fly around like a bird! Where would you fly? What would you use from the yard to build a nest?
Family Time	Look up different birds of Connecticut and listen to their various calls and sounds on YouTube. Next time you go outside or listen from your window, count how many sounds you recognize.



Day 39

Breakfast	Have your child help set the table for the number of people eating. Count out the bowls, spoons, etc. https://youtu.be/ziSR3ZLeDR4
Mindfulness/Belly Breathing-	<ul style="list-style-type: none"> • Super Yoga Cosmic Kids https://youtu.be/.8k3YeCAWesY • Go Noodle- Bring it Down-Balloon Breathing https://youtu.be/bRkLIoTNa <p><i>* Recommendation: start with the super yoga and then belly breathing.</i></p>
Hypothesis Time	Read together the classroom expectations, daily schedule and calendar. When counting the numbers on the calendar have your child clap and count with you and when you get to the day, have your child cross the day off with an X.
Exploration Time	PLTW Project Day! <ol style="list-style-type: none"> 1. Using the materials that you have collected this week, create bird feeders. 2. Do they look like the plans you drew before? 3. If not, how did you change your plans? 4. What characteristics do you think make a good habitat? (for example, being strong and safe)
Music & Movement/ Read Aloud	Music & Movement- Penguin Dance https://www.youtube.com/watch?v=uf0uKmkwnKs Read Aloud: <i>When I Grow Up, I'll be a Paleontologist</i> in your classroom TEAMS read aloud channel: <ul style="list-style-type: none"> • Vocabulary words: <ul style="list-style-type: none"> ○ Paleontologist – A scientist who studies fossils ○ Fossil – The remains or traces of a plant or animal from millions of years ago, preserved in rock • Do you ever pretend to be a paleontologist when you are outside?

	<ul style="list-style-type: none"> • Did you notice the field crew? <ul style="list-style-type: none"> ○ Drawing? ○ Digging? ○ Measuring? <p><i>* Recommendation: First Music & Movement, and then Read Aloud</i></p>
Outdoor Adventure	Activity idea: “Bake” mud pies and muffins
Lunch	Lunch discussion idea – If you could be an animal for a day, what would it be?
Rest/Dream Time	At school while the students are reading, writing in their journals, or resting their eyes we play mindful music in the background. https://www.youtube.com/watch?v=uNsrXzY3Mgc
Snack	Talk about your favorite part from designing and building your new bird feeder.
Outdoor Adventure	Find somewhere to hang your new bird feeder!
Family Time	Hang your child’s bird feeder in a location that’s good for bird watching. Take pictures of the birds and/or other animals that visit the feeder. Email the pictures to your child’s teacher. Encourage your child to share about the living things that visited their feeder.
Read Alouds: Brought to you by Mrs. Mac!	
Rhyming: <i>The Hungry Thing</i> - by Jan Slepian and Ann Seidler	
Online Link:	Mrs. Mac reads this to you on YouTube! https://safeYouTube.net/w/ZMG9
Learning Focus:	Rhyming
Discussion Questions:	<p>In this story, the Hungry Thing’s language is using rhymes. <i>What did the Hungry Thing want to eat when he asked for:</i></p> <ul style="list-style-type: none"> ○ Gollipops? 😊 Answer: LOLLIPOPS ○ Tickles? 😊 Answer: PICKLES ○ Shmancakes? 😊 Answer: PANCAKES ○ How would YOU ask the Hungry Thing if he wanted some “pizza”? Remember to use a rhyming word!
Multicultural: <i>All the Colors We Are the Story of How We Get Our Skin Color</i> By: Katie Kissinger & Chris Bohnhoff	
Online Link:	Mrs. Mac reads this to you on YouTube! https://safeYouTube.net/w/21H9
Vocabulary Focus:	Melanin - tiny grains of coloring in our skin Ancestors - your great-grandparents and relatives who lived long ago
Discussion Questions:	<ul style="list-style-type: none"> • What 3 things affect the color of our skin? Answers: Melanin, Ancestors, and the Sun • Do you think your ancestors came from a warm sunny place, or from a cool place with less sunshine?
Virtual Field Trips	
Amazon Rain Forest	https://www.youtube.com/watch?v=JEsV5rqbVNQ&feature=youtu.be
Boston Children’s Museum	https://www.bostonchildrensmuseum.org/museum-virtual-tour
Dinosaur Activities- 50 Dinosaur Crafts and Activities	https://kidsactivitiesblog.com/67920/50-dinosaur-crafts-activities/
Georgia Aquarium	https://www.georgiaaquarium.org/webcam/beluga-whale-webcam/

